



Mahwah Public Schools is launching the Mahwah Schools Parent Academy (MSPA) for the 2018-2019 school year. Topics range from curricular workshops, providing parents with an understanding of the academic programs in our schools to workshops focusing on student wellness and safety ranging from mental health awareness, online safety and cyberbullying, vaping and Mindfulness. MSPA is honored to partner with the Mahwah Municipal Alliance in bringing such valuable program to our Mahwah parent community.

The purpose of the Mahwah Parent Academy is to provide our community with tools, resources, and education to support our students' quest to navigate the challenges that they face today both academically and socially.

The workshops within each topic will be as follows:

Curricular Offerings

1. **Math is Not Just a Spectator's Sport**- 11/12- Ramapo Ridge @ 7:00 PM (Secondary Parents)
2. **Reading Workshop 101 for Parents** - "What Parents Can Expect and How to Support Their Child." 10/23- Joyce Kilmer School @ 6:30PM (Elementary Parents)
3. **K-5 Math- Making Math Count**- December 6th -Joyce Kilmer School @ 6:30PM (Elementary Parents)

Student Health and Wellness

1. **Feb- Valley- TBD**
2. **Vaping- 3/18 (Secondary Parents)**
3. **Mindfulness- May (All Parents)**

Online Safety and Digital Citizenship

1. **Sgt Tom Rich- Always Connected 1/14 (Secondary Parents)**

You can access more information about the various offerings by going to our district website at <https://www.mahwah.k12.nj.us/site/default.aspx?DomainID=562>.

As the Parent Academy dates approach, the schools/district will send out more information about each. We look forward to seeing our Mahwah Community there.